

PORN VS IRL



YOUTH
EDUCATING
PEERS

yacwa

Porn can be a normal part of sexuality and it's ok to be curious. However, the sex you see in popular porn is different from sex in real life. It's important to know the differences so you don't have unrealistic expectations and so you can have a healthy sex life.

PORN

VS

SEX IN REAL LIFE

Safer sex barriers such as condoms or dental dams are not often used.

Consent is not always shown. Sometimes in porn, people say no to sex and sexual acts still happens.

Boobs, butts, penises, muscles, moans and facial expressions are big. Vulvas and labia are small. Bodies are hairless.

Men are often portrayed as always being dominant in sex. Women are often portrayed as always being submissive in sex.

Everyone enjoys rough sex including choking, spitting and smacking.

Barrier methods should always be used during sex to protect against sexually transmitted infections, viruses and unwanted pregnancies.

Consent is important in all sex. It should be clear. It should include verbal and body language. It can be taken back at any time. Consent needs to be respected.

Everyone has different bodies. It is normal for bodies to be hairy, crooked, different sizes and uneven.

The type of sex you enjoy does not have to reflect gender roles. It's important to have equal power when having sex.

Not everyone enjoys rough sex. It's important to communicate with partners and get consent when exploring different sex.

