



How to put on a condom



A step by step guide







You and your partner both agree to have sex and use a condom







Get a condom.







Check the expiry date.







Check the packet is sealed and undamaged. (You should feel an air bubble - like a chip packet).







Carefully tear open the packet with your hands.







Check the condom is the right way up (your finger will be able to pull the condom down).







With one hand, pinch the top of the condom (to allow room for ejaculate) and place on the top of the penis.







With the other hand, roll the condom all the way down to the base of the penis.



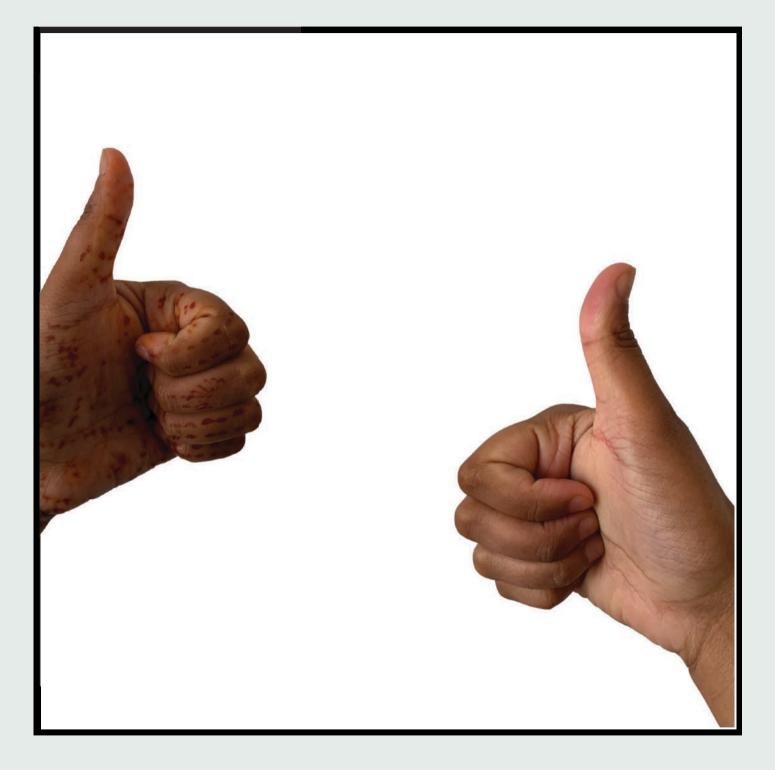




Apply water-based lube- if you want!







Do you consent to sex? Does your partner consent to sex?







If you're both into it - have sex.







Roll the condom off, before the penis goes soft. Make sure any ejaculate stays inside the condom.







Throw the used condom in the bin.





Darn!

Instagram only lets us post 10 images at a time 🙁

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