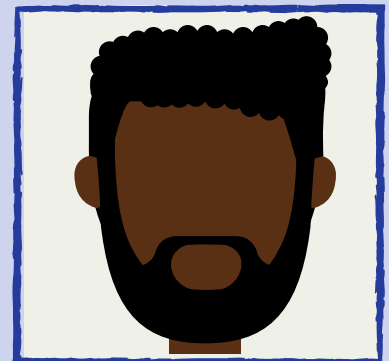


CHANGES THAT MAY OCCUR ON TESTOSTERONE THERAPY

The Effects of Hormone Replacement Therapy
for Trans and Gender Diverse People

PHYSICAL

- Rougher, oilier skin, sometimes acne
- Increased sweating
- Change in smell of sweat and urine
- Growth of the clitoris
- Body fat redistribution: smaller hips and thighs
- Angular appearance of facial features
- Increased muscle mass
- Increased appetite
- Deepening of the voice
- Periods stop or lighten
- Increased body hair and facial hair
- Male pattern baldness

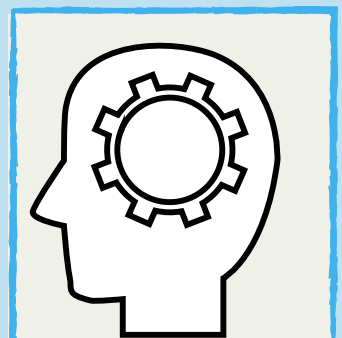


SEXUAL

- Increased sex drive
- Erection of the clitoris when aroused
- Sexual pleasure experienced mainly in genitals
- Orgasms shorter but more intense
- Vaginal dryness
- Thinning of the vaginal walls

EMOTIONAL

- Narrower range of emotions
- More difficult to cry
- Mood swings



This is a general guide of effects that may occur whilst taking testosterone. Everyone has different reactions to hormone therapy. This is not an exhaustive or definitive list. This is not intended as medical advice. Discuss individual concerns with a medical professional.

Adapted from the University of California, San Francisco's "Transgender Care" Information.

Found at: <https://transcare.ucsf.edu/hormone-therapy>

This resource was also developed in consultation with trans and gender diverse young people in WA