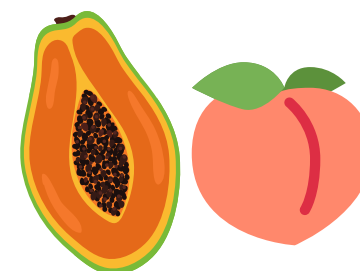








How to Use Gloves for Safer Sex



Reasons people use gloves during sex

Gloves help prevent sexually transmitted infections (STIs) and blood borne viruses (BBVs).

Some people like to use gloves when:

-  They or their partner/s have visible symptoms of an STI
-  There are open wounds on their hands, genitals or the body parts they are touching
-  They are having casual sex
-  They and their partner haven't had an STI screen in a while
-  They want to be kinky
-  They want to be cautious and put themselves at ease

Note

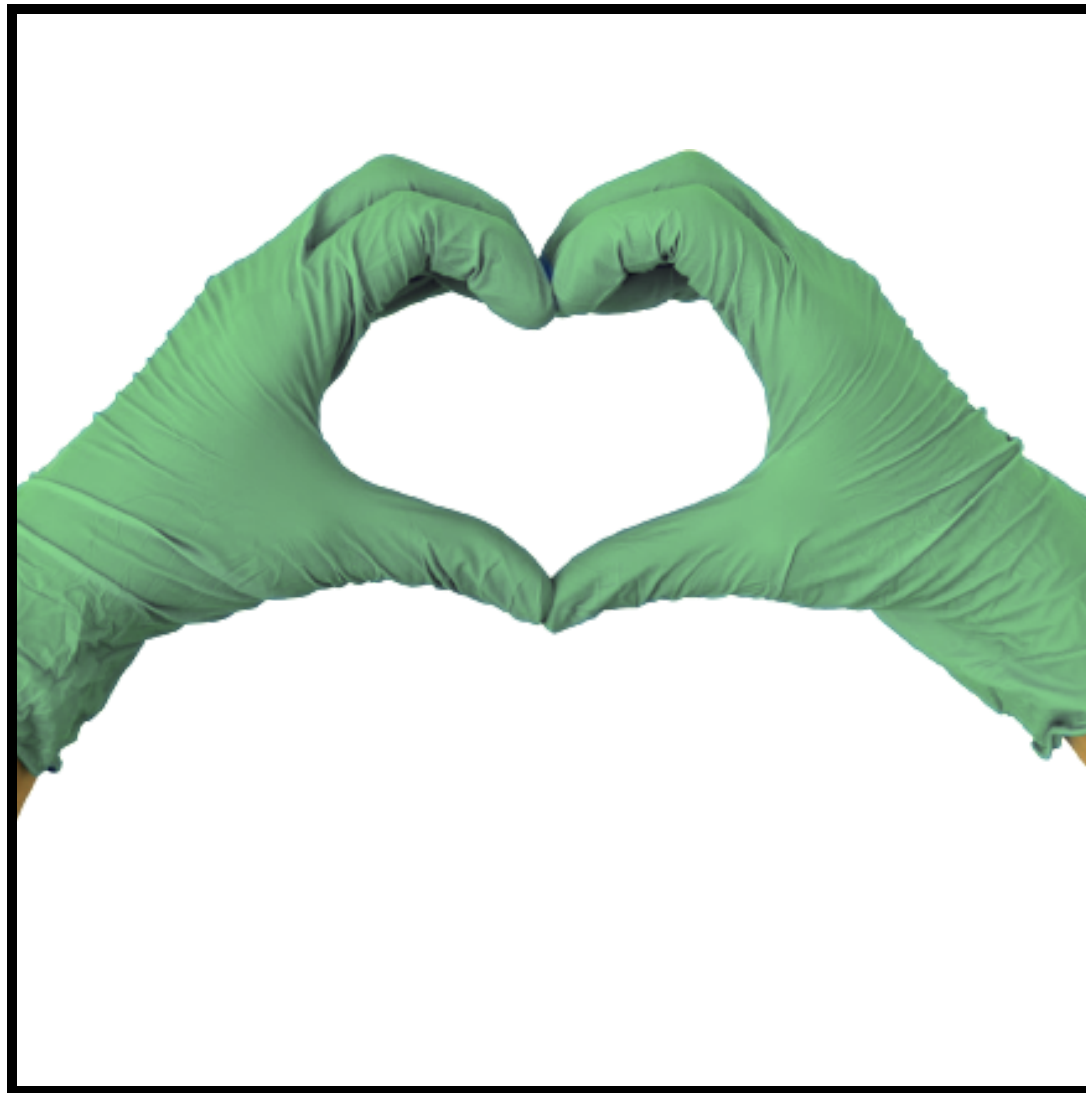
Gloves are single use items.

Change your glove if you are touching one person and want to touch someone else (including yourself) or you have used the glove on an anus and want to touch somewhere else.



How to use gloves for safer sex

STEP 1



You and your partner both agree to have sex
and use gloves.

How to use gloves for safer sex

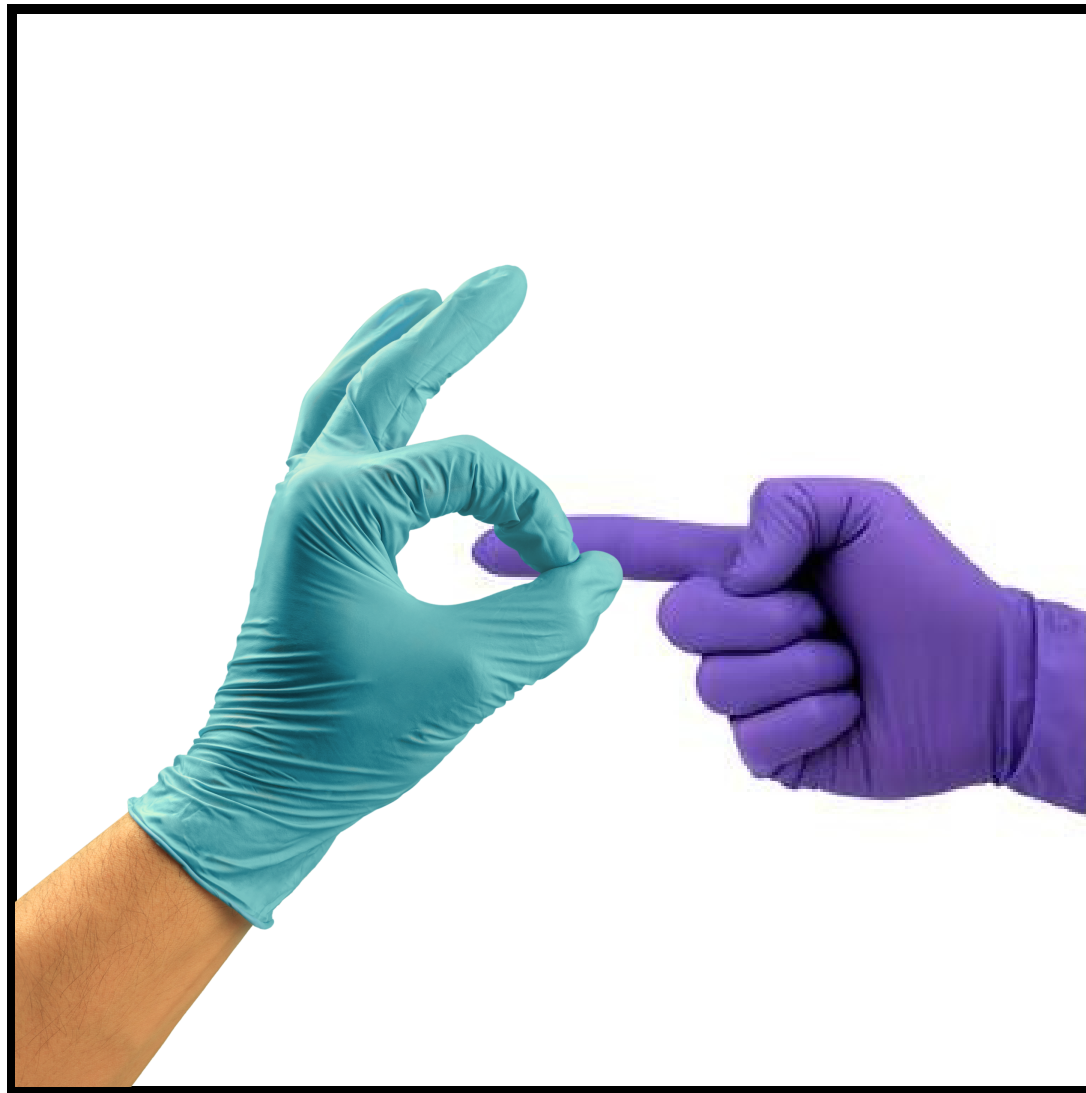
STEP 2



Grab a pair of clean, dry gloves and put them on. Check they fit correctly, and aren't damaged or torn.

How to use gloves for safer sex

STEP 3



Use gloves during sexual activity that include hands. This could include things like fingering, hand jobs, or when stimulating another body part with your hands.

How to use gloves for safer sex

STEP 4



Throw the glove in the bin.
Like other barrier methods, throw out gloves after use.

How to use gloves for safer sex



Have fun!