

What are the 4 safer sex barrier methods?

Barrier methods are physical barriers put between you another person or object. This can help protect you and partners from sexually transmitted infections (STIs) and blood borne viruses (BBVs).



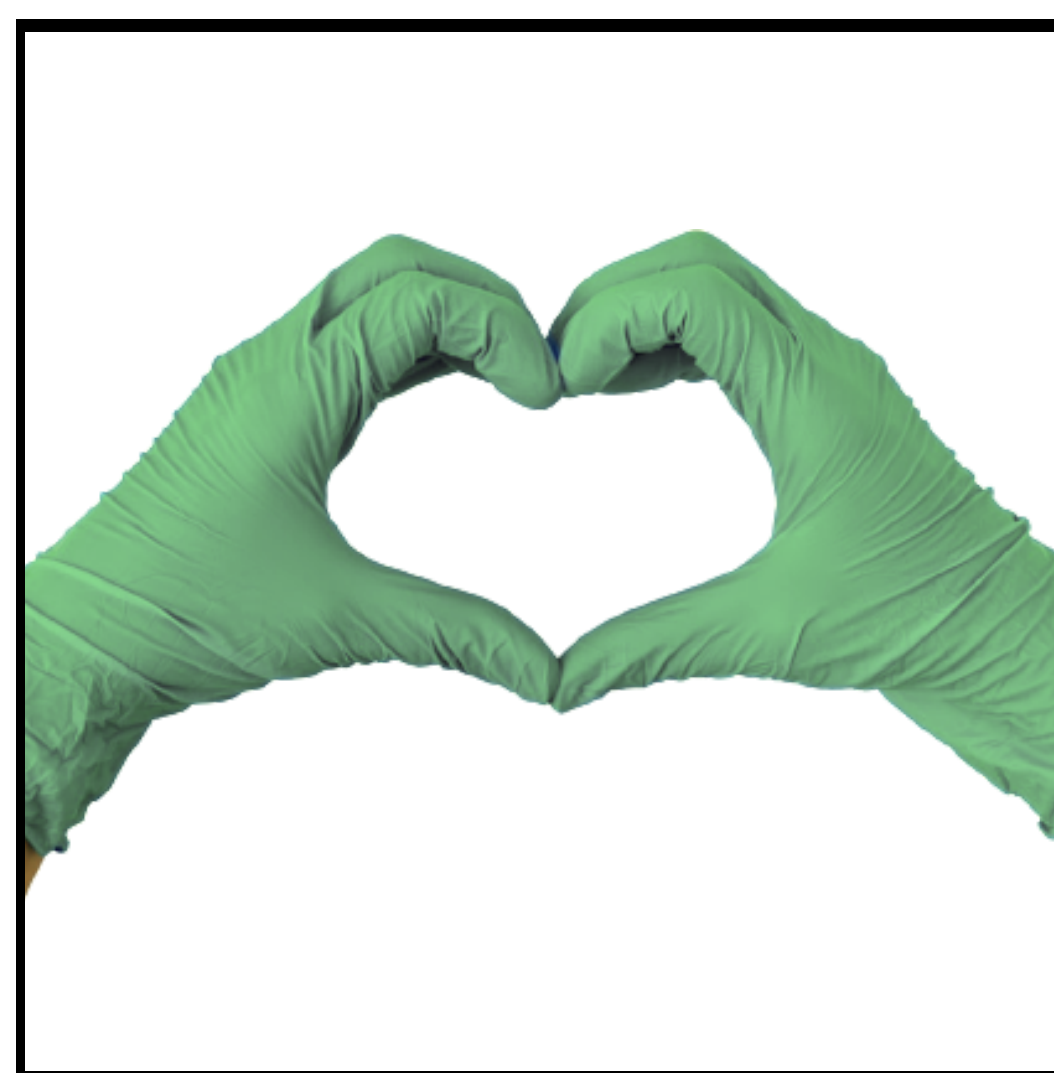
Dental Dams



Internal Condom



Condoms



Gloves

For more info on these barrier methods check out our resources on our social media @theyeproject and website theyeproject.org.au