



## The 4 Barrier Methods for Safer Sex







# What are Barrier Methods?

Barrier methods are physical barriers put between you and another person or object.

This can help you have safer sex and protect you and partners from sexually transmitted infections (STIs) and blood borne viruses (BBVs).









#### The Condom

AKA. ... Rubber, Dommy, Cock Sock, Love Glove, Johnny, Cum Catcher







#### Internal condom

AKA. ... Femidom, Vaginal Condom, Socket Pocket







#### **Dental Dam**

AKA. ... Latex Sheet, Rubber Dam, Mouth Shield, Hot Diggity Dam







### Gloves

AKA. ... Love Glove, Rubber Glove, Hand Condom





#### To be continued...

Join us on our socials for the next seven days as we explore the tips, tricks and steps for each barrier methods, so that you can stay as safe and sexy as possible.



