



YEP's Youth Sector Recommendations: Conclusions from the 2019 YEP Youth Survey & 2019 YEP Youth Sector Survey

1. *Ensure that your practice is sex-positive, inclusive, and non-judgemental.*
2. *Recognise the impact that stigma, discrimination, and disadvantage can have on the sexual health and wellbeing of young people.*
3. *Support young peoples' mental health, financial concerns, and housing issues in order to enhance their access to sexual health services.*
4. *Ensure sexual health information provided to young people is evidence-based and responsive to emerging trends.*
5. *Include sexual health as part of your service model and strategic planning.*
6. *Include sexual health as a routine part of case management and ongoing program development.*
7. *Provide inclusive sexual health information to vulnerable youth populations. A particular focus should be given to young people who are culturally and linguistically diverse (CaLD), Aboriginal and Torres Strait Islander (ATSI), LGBTIQ+, or living with disability.*
8. *Engage in regular professional development on sexual health topics, including education regarding CaLD, ATSI, LGBTIQ+, and young people living with disability.*
9. *Challenge myths and stereotypes regarding sexual health topics and provide accurate information.*
10. *Provide young people with opportunities to access relationship and sexuality education from trained peers.*
11. *Educate and empower clients to provide accurate sexual health information to their peers.*
12. *Support young people to build digital media literacy skills, particularly regarding sexuality and relationships.*
13. *Support young people to develop skills for negotiating consent and navigating relationships.*
14. *Educate young people about what is involved in completing an STI test.*
15. *Provide holistic support to young people to complete STI testing.*
16. *Encourage opportunistic STI testing as a part of routine medical check-ups.*
17. *Encourage young people to access sexual health information from sex positive and affirming nurses, doctors, and other medical professionals.*
18. *Provide pathways to access reputable, youth-friendly sexual health information online (including websites and social media).*
19. *Access the educational resources of YEP and other sexual health agencies for both professional development and use with clients.*
20. *Utilise YEP's Referral Resource and distribute to your clients and colleagues.*
21. *Follow YEP's social media and encourage young people to do the same.*